

Hashimoto's is the Number One Cause of Hypothyroidism

By: Dr. David Peterson, DC, DCCN

Thyroid disease is an epidemic. Hypothyroidism remains undiagnosed and misdiagnosed because the symptoms vary from person to person. Symptoms can be non-specific. Practitioners and patients themselves mistake the symptoms of hypothyroidism for depression, obesity or menopause.

Hashimoto's Disease is the most common cause of Hypothyroidism in the United States. Hashimoto's disease is an autoimmune disorder in which your immune system inappropriately attacks your thyroid gland. The inflammation caused by Hashimoto's Thyroiditis leads to an underactive thyroid gland. If the issue of the autoimmune attack in Hashimoto's is not addressed, the underlying condition causing the thyroid loss will continue to progress. Over time, more thyroid cells are lost and the thyroid

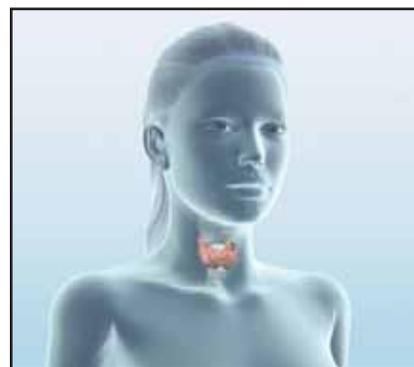
hormone replacement dosage will need to be continually increased. The sad reality for Hashimoto's patients is that all the symptoms of Hypothyroidism continue despite the fact that the TSH level appears managed and within normal ranges. Hashimoto's patients become frustrated because their overall health is declining and their symptoms continue.

Other health factors may contribute to the disease process, such as metabolic disturbances or women on progesterone or estrogen (natural or synthetic) therapy. Added hormones can impair thyroid function.

Obtaining correct diagnosis and treatment for thyroid problems has made a significant improvement in the quality of life for many patients and it could do the same for you! Get your Wellness Thyroid Screening done today. Call 636-227-4949 for more information. www.stlwa.com

Thyroid Statistics

- 27 million people in the US have a thyroid disorder
- Half of those people are undiagnosed
- Females are five times more likely to have a dysfunctional hypothyroid
- 20% of people with Diabetes will experience a thyroid disorder
- 50% of children with parents having a thyroid disorder may develop a thyroid disorder by age 40



Dr. David Peterson, DC, DCCN is a Diplomat in the College of Clinical Nutrition and the Missouri State Clinical Director for Direct Labs. He practices integrative chiropractic health-care with an emphasis on Functional Medicine. He has specialized in thyroid, autoimmune conditions and gastrointestinal dysfunction for 15 years. Dr. Peterson's team at **Wellness Alternatives in Town and Country**, Missouri consists of physicians, nurses, and nutritional support staff. If you have questions about autoimmune or thyroid conditions write to Dr. Peterson at dpeterson@stlwa.com or contact his office at (636)227-4949.

"This is how we help our patients."
 -Dr. David Peterson, DC, DCCN, FAAIM
 -Dr. Emily Hecker, DC, CNC, MBA
 Featured in the #1 best-selling thyroid book

Listen to a free Hashimoto's webinar.
STLWA.COM | HEALTH LIBRARY



Wellness Alternatives
 where science & natural therapies meet.
 (636) 227-4949 www.stlwa.com

Interested in Getting your Message out to the Real Decision Makers?

Do it in Your OWN Words See why the *WOMEN'S JOURNALS* is your answer...

We ARE a publication that targets Women – Why? Because we know women make over 85% of all health and consumer buying decisions.

We ARE a local publication – Women's Journals are a community resource and we know your customers, clients and patients live and work locally. Our distribution targets areas where women have to wait and have time to peruse the Women's Journals.

We ARE an educational publication – because we know that educational content of your article has more impact on the way women make buying decisions than traditional display advertising.



Now That You Know – Give Us a Call!

314-803-6777