

autism. There are three frequently occurring disorders, autistic disorder, pervasive developmental disorder not otherwise specified (PDD-NOS) and Asperger's syndrome, and two rarely occurring, Rett disorder and childhood disintegrative disorder. I also learned it's more likely to affect boys than girls. When you get the testing done, you'll understand why this is the case.

My head was spinning with the amount of information available on autism. Yet, for all that was written, defined causes were elusive, there was much that was contradictory and hope for a full recovery was nearly non-existent. To further educate myself and to make contacts with others in the world of autism, I attended my first autism conference in 2007, in Chicago, called Autism One. What an eye-opener!

It was during this conference that I met a genetic researcher, epidemiologist and scientist, who has done extensive research and testing on Autism Spectrum Disorders. His time and devotion laid the groundwork for his most ambitious work yet – identifying suspected causes of and new treatments for ASD. It's beyond the scope of this article to detail his findings here, but the level of expertise and knowledge regarding autism, ADD, ADHD and other issues that plague our children today more than ever, is extensive.

At the conference, I found a common denominator between most of the speakers. Testing needed to be done before starting any treatment. That seemed to make perfect sense to me! Anytime you have symptoms, if you do testing you will usually find some answers. Why had no one ever offered this to my son? If you or I had symptoms that just started to occur for no apparent reason, our doctors would be ordering

tests like crazy. But for autism, they just look at the children for about 20 minutes and say, "Sorry, nothing we can do."

When we returned home, I had Zack go through through the various testing procedures. These include complete blood and urine workups that measure things such as, heavy metal toxicity, vitamin deficiency, oxidative stress, adrenal abnormalities, hormonal imbalances and much more. Testing goes beyond the patient, if possible, to the parents and siblings to better understand the overall family health picture. The results help identify the root causes of the disorder versus pointing out the variety of symptoms. By taking the guesswork out of the diagnosis, a medical path to wellness is revealed.

The information their testing provided finally offered treatment options not pre-

viously considered, and certainly not suggested by Zack's other doctors. These findings, along with other lifestyle and diet modifications contributed to bringing Zack back to health. Remembering what Zack was like in the throes of his autism, and seeing him as he is now – vibrant, healthy, happy – seems to be nothing short of a miracle.

Because of Zack's recovery, I vowed I would do whatever I could to bring hope to the families of children suffering from autism, ADD, ADHD and other disorders. That's why I'm opening the Autism Spectrum Disorder Clinic in St. Charles County. For me, the opportunity to bring such cutting-edge treatments to children fulfills a dream. We'll have medical professionals to provide the proper procedures and protocols necessary to do medical testing and diagnoses. We'll also offer our other servic-

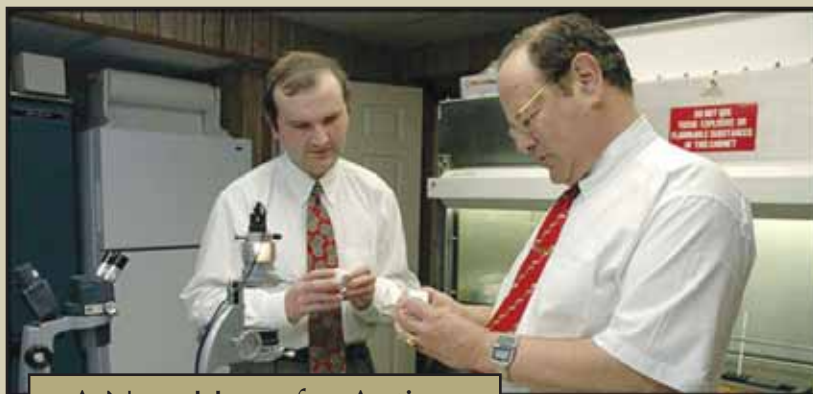
es geared toward helping all clients become healthy inside and out.

The even better part of being able to offer diagnostic procedures and treatments? **Insurance coverage.** If your family has not been touched by autism, then you wouldn't know that most diagnostic procedures and treatments for autism aren't covered by traditional health insurance. This lack of coverage can cause extreme financial hardship for families doing their best to manage their child's disorder, while shouldering extraordinary, and usually unexpected, expenses. Since we'll be able to offer insurance coverage for the testing and treatments, it makes one wonder why you wouldn't just try it to see if it could work. It makes perfect sense to see what's going on inside your child's body.

These children have medical problems that need to be addressed, and when they are, many other symptoms begin to resolve. I once said that if I could get Zack at least 10, 20 or 30 percent better, it would help him so much. If just some of the symptoms could be relieved, he could concentrate on other therapies that would help him, such as ABA Therapy and others. Happily, we achieved this and more.

An autism diagnosis is devastating. But you don't have to go through this alone. It's helpful to have someone to talk to who knows what you're going through. Please call or email me with any questions you may have about the clinic, your child's symptoms or just to talk. Since Zack had almost every symptom possible, I more than likely will be able to relate to most things you're going through. And, unlike Zack, you won't have to wait a year to find treatment for your child. You can get your child started right away. You truly have nothing to lose and everything to gain – what are you waiting for?

## *"Autism Clinic Opens in St. Peters - Finally a Breakthrough...Insurance Covers Testing and Treatments!"*



A New Hope for Autism

## The **Grand Opening** of the ASD Center in St. Charles County will be February 1, 2010.

Our address is 4101 Mexico Road, Suite H, St. Peters, MO 63376

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## Learn More at the Fabulous Baby Expo

I'm pleased to announce that Mark and David Geier and I will be speaking at the Fabulous Baby Expo on April 10, 2010. Typically, it costs hundreds of dollars to attend the conferences where they most frequently speak. However, the opportunity to talk directly to parents, educators and other medical professionals in this setting happened to mesh perfectly with a visit they already had scheduled here. They will be in attendance at the Expo all day to answer questions and provide information outside of their two formal speaking times.

**Do not miss this opportunity!  
Their presentation is absolutely amazing!**

Be sure to get there early because seating is limited. The opportunity to talk to them about your child is **priceless.**